



November 2019

West Orange High School School Counseling News

**School Closed
Nov. 5th, 7th & 8th**

**Early Dismissal
Nov. 27th**

**Thanksgiving Break
School Closed
Nov. 28 & 29th**

Lunch Period

Lunch time meeting with
School Counselors

Opportunity available to all students to receive assistance with completing college applications, to learn about the various features of Naviance, answer any questions or concerns or to get to know their school counselor.

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THERE IS
always, always,
ALWAYS
something
to be thankful for

WEST ORANGE HIGH SCHOOL SCHOOL COUNSELING DEPARTMENT GUIDE

Cheryl Butler

**Director of Student Personnel Services / Counseling
Ext. 31611**

Our school counselors handle issues such as but not limited to:

- Sign up with Naviance
- Obtain access to the parent portal
- Scheduling
- Post secondary planning
- Individual counseling and advisement
e.g., Resolve conflicts, specific student concerns
(grades, peer pressure, academic support etc.)
- Student appraisal—coordinating information that goes into confidential student files and interpreting the information to help qualify students for special programs
- Coordinate meeting with parent, teacher and student to address issues/concerns in class
- Referral—provide referrals to appropriate professionals in the schools and in the outside community

51 Conforti Avenue

Main Number: (973) 669-5301
 Attendance: ext. 31999
 Nurse: ext. 31524
 Guidance: ext. 31600
 Special Education: ext.31653
 Athletics: ext.31567

SCHOOL COUNSELORS

Aldo Casale	ext. 31606
Anna D’Elia	ext. 31615
Michael DuBose	ext. 31617
Margaret Fahey	ext. 31610
Madelin Fernandez-Perez	ext. 31603
Kathryn Furey	ext. 31609
Mary Kehoe	ext. 31602
Guerlyn Millington	ext. 31613
Louis Pallante	ext. 31607
Rachel Rosen	ext. 31601
Rossanna Santos	ext. 31612

SAC

(Student Assistance Counselor)

Amedeo Chirichiello	WOHS ext. 31552
Jaelyn Headlam	WOHS ext. 31557

Administrative Assistants

Montrisa Bradford	ext. 31605
Michele Carroll	ext. 31608
Angela Gonzalez	ext. 31604
Lisa Wnek	ext. 31614



Parent Message

Parental Engagement

Michael D. DuBose, School Counselor

Schools cannot solve educational problems alone. Various challenges affect schools that include disadvantage families, a widened achievement gap, substance abuse, violence, and graduation decline. This list captures the realities faced by some schools, yet the implication of such horrific plight has a direct effect on the student. In any case, these adverse circumstances may be detrimental in the sphere of student achievement as well as their social/emotional development. To address these issues from a universal perspective, a school may rely on a special group of individuals known as stakeholders.

Stakeholders are invested members of the school that consist of three groups; the school, the family, and the community. More specifically, stakeholders amid the pluralistic population resemble the student, representatives of the family, school faculty, the Board, library, police, universities, business owners, and corporations. Collectively, when these members conjoin as an interactive link, it is termed as *school-family-school partnership*. This partnership is an interconnected relationship that works to fulfill shared-goals by the employment of shared-decision making. Each institution offers distinctive resources to support teaching and learning and child development. While each institution extend strong influences on the child separately, collectively, when such institutions engage in shared philosophies and goals their influence maximizes.

It is great when the school, family, and the community work to balance the responsibility of guiding the child. Yet, pivotal barriers exist to sustain relationships that include communication, motivation, and respect. On the contrary, researchers and practitioners agree that the partnerships out weight the disadvantages, although some US districts experience difficulty on how to best work with stakeholders. There is extensive education literature that explains the vital roles parents and communities have to the success of schools (Epstein, 1995) since they know their child best. Additionally, they can offer constructive advice on how to best support their child's needs to heighten student learning, reduce misbehavior, and ultimately increase the rate of graduation.

Let's review the roles of each representative among school stakeholders. Though the definition of stakeholders acknowledges policymakers, businesses leaders, and municipal organizations as active members, for the sake of space, this document will primarily focus on the following institutions; school, the student, and the parent. Furthermore, the list presented will not be an exhaustive list, but will address common roles

The school

The school has the responsibility to ensure that students have the preparation and readiness for college and career. The use of effective pedagogical approaches can offer quality and rigorous education. Also, school should work to ensure that learning and working is safe, nurturing, and secured which in part promotes a positive school culture. The school can reduce the achievement gap by ushering a balanced learning approach that is student-centered to decrease the likelihood of disproportionality among students. Finally, schools have a responsibility to motivate students to go beyond their best by enforcing high standards through academic and social/emotional support and resources.

The student

The student has the role of developing personal responsibility for their learning in order to work toward college and career readiness and preparation. Schools are safer and secured when students participate in this mission and practice self-control and recognize the signs of Harassment, Intimidation and Bullying (HIB). By acting as a "upstander" rather than as a bystander, students will showcase leadership that leads to an increase of school culture and will minimize disorderly behavior. It is essential for students to engage with practitioners and peers to enhance the learning environment as it will reduce the achievement gap.

The community

The community should sustain active interactions with schools consequently it aids the school to reduce the gap in the achievement gap. Beyond the communicating and sharing of data, the community should develop engaging links between the school and the family to serve as partners in the area of instructional support, mentors, and resources in order to enhance school programs. The partnerships of the school and the family, the community can assist in strengthen the economy by contributing opportunities for employment, adorable housing, daycare/childcare programs and other social services to improve the standard of living.

Student Assistance Counselor Program October Highlights

The month of October was a busy one with various activities in recognition of Week of Respect (October 7-11), Violence Awareness Week (October 21-25), Red Ribbon Week (October 23-31) and Unity Day (October 23).

During the Violence Awareness Week, Mountaineer Mentors volunteered to conduct discussions with freshman classes on the topic of Harassment, Intimidation, and Bullying (HIB) as well as what the school community can continue to do to support each other. Each presentation began with a viewing of two scenarios that were filmed at WOHS three years ago depicting incidents of cyberbullying and teasing. This format was an opportunity for the Mentors to display their leadership qualities as well as enabling the freshman to have a candid dialogue.

The SAC Program also hosted two assemblies on October 31st, 2019. The morning assembly for the sophomore class was held by a dynamic motivational speaker, Mr. Reggie Miller. Mr. Miller is committed to reaching teens with a powerful message about the reality of life choices and the importance of staying drug and alcohol-free. The students were captivated by Mr. Miller's presentation and many stayed after to have small group discussions with Mr. Miller. The afternoon assembly for the freshman class was held by renowned motivational guest speaker, Hashim Garrett. Mr. Garrett speaks regularly in schools, sharing his story of non-violent conflict resolution through forgiveness. The message is positive and non-religious, stressing self-respect and the unique value of each individual.



Also, the department hosted two Red Ribbon Week Contests; students were encouraged to submit a Poster, Poem/Short Essay/Rap depicting anti-drug abuse messages. Students created strong messages that supported their choice to be drug-free. All winners will receive Best Buy gift certificates.

The winners of the RED RIBBON POSTER CONTEST are:

- FIRST PLACE WINNER- Miguel Intal

- SECOND PLACE WINNER- Christopher King

- THIRD PLACE WINNER –Chrismaelie Anselme

- RUNNER-UP WINNER-Luciano Osorio

The winners of the RED RIBBON POEM CONTEST are:

- FIRST PLACE WINNER- Lorelle Adames

- SECOND PLACE WINNER- Zoe Azille

- THIRD PLACE WINNER – Ewens Jean Pierre

- RUNNER-UP WINNER-Royson Folas

The SAC Department would like to thank our local Municipal Alliance for their support with Red Ribbon Week resources and giveaways. As well as, Staff Sergeant Timothy Cohan, Substance Abuse Control Officer, and USMC Retired Darryl Wells, Drug Demand Reduction Coordinator, of the Marines. Sgt. Cohan and USMC Wells have committed to providing an annual \$3,000.00 worth of drug prevention items to Ms. Headlam for over six years.

CONFIDENTIALITY:

Privacy of information shared by students and parents will be protected unless it involves student safety.

Scholarships

AXA Achievement Scholarship

The AXA Achievement Scholarship offers scholarships to high school seniors who have demonstrated outstanding achievement in their activities in school, the community or workplace.

Application deadline: December 15, 2019 or until 10,000 applications are submitted, whichever comes first.

<https://apply.scholarsapply.org/axaequitable-achievement/>

Elks National Foundation Most Valuable Student Scholarship

The 2020 Most Valuable Student scholarship contest is open to any high school senior who is a US Citizen.

Eligibility:

- Current high school seniors, or the equivalent, who are citizens of the United States are eligible to apply.
- Applicants need not be related to a member of the Elks.
- High school graduates are not eligible to apply.

Applicants must be citizens of the United States on the date their applications are signed; permanent legal resident status does not qualify.

Deadline: Nov. 5, 2019

www.elks.org

Prudential Spirit of Community Awards

Created in 1995 by Prudential and the National Association of Secondary School Principals (NASSP), the program honors middle level and high school students for outstanding service to others at the local, state and national level.

November 5, 2019: Student application deadline

<https://spirit.prudential.com>

Sixt Scholars Program

Sixt rent a car has established a scholarship program to assist high school students who plan to continue their college education.

Scholarships are offered each year to students seeking to study full-time at an accredited institution of the student's choice.

Applicants to the **Sixt Scholarship Program** must be:

Graduating high school seniors in the United States

Plan to enroll in a full time undergraduate study at an accredited two year or four year college or university for the entire 2019-2020 academic year

Have a minimum grade point average of 3.7 on a 4.0 scale (or its equivalent)

Deadline to apply: November 30, 2019

www.scholarshipapply.org

Asian & Pacific Islander American Scholarship Fund

The nation's largest non-profit organization devoted to providing college scholarships for Asian Americans and Pacific Islanders (AAPI).

Scholarship awards range from one-time \$2,500 awards to multi-year \$20,000 awards.

APIA Scholars provides scholarships to underserved APIA students with a special focus on those who:

- **Live at or below the poverty level, or are otherwise of low socioeconomic status;
- **Are the first in their families to attend college;
- **Are representative of the APIA community's diversity, (geographically and ethnically), especially those ethnicities that have been underrepresented on college campuses due to limited access and opportunity;
- **Have placed a strong emphasis on community service and leadership as well as solid academic achievement.

The APIA Scholarship Program application must be completed online and submitted electronically.

The application will be available for the 2020-2021 academic year from September 4, 2019 until January 22, 2020 at 5:00 PM EST.

<https://apiascholars.org/scholarship/apia-scholarship/>

The Ultimate List of Scholarships for Women and Girls

College can be expensive. That's why scholarships for women are so valuable. First, they help lower the cost of going to school, which is worthwhile in itself. Second, they are only open to female students, making them potentially less competitive. If you have a girl getting ready to head to college, here is the ultimate list of scholarships for women and girls.

<https://thescholarshipssystem.com/blog-for-students-families/the-ultimate-list-of-scholarships-for-women-and-girls/>

Burger King Scholars

Students must be graduating high school seniors with a cumulative high school grade point average of 2.5 or higher on a 4.0 scale, and substantial work experience and financial need. Students must be planning to enroll full-time, without interruption for the entire 2019-2020 academic year at an accredited two- or four-year college, university, or vocational-technical school in the U.S., Canada or Puerto Rico.

Please read the complete Award Guidelines at the Burger King Scholars website and complete the application online.

The application deadline is December 15, 2019.

www.scholarshipamerica.org

Comcast Leaders and Achievers Scholarship Program

The Comcast Leaders and Achievers Scholarship Program recognizes students who exemplify skills and abilities throughout their high school careers and who serve as models for their fellow students.

Applicants to the Comcast Leaders and Achievers Scholarship Program must:

- Have a demonstrated commitment to community service, outstanding qualities in character, integrity and leadership
- Be enrolled as a high school senior
- Reside in a community served by Comcast and/or participating NBCUniversal or Telemundo markets
- Plan to enroll in full-time undergraduate study at an accredited two- or four-year college, university or vocational-technical college in the United States for the entire 2020 – 2021 academic year
- Have a minimum GPA of 3.0 on a 4.0 scale (or its equivalent)
- Demonstrate financial need

Application window: October 1, 2019 through December 6, 2019 5:00 pm EST

Complete the application on line : www.learnmore.scholarsapply.org



GE-REAGAN FOUNDATION SCHOLARSHIP PROGRAM

This program honors America's foremost young leaders who demonstrate the leadership, drive, integrity, and citizenship exhibited by President Ronald Reagan.

This program selects numerous recipients to receive a \$10,000 scholarship renewable for up to an additional three years – up to \$40,000 total per recipient. Awards are for undergraduate study and may be used for education-related expenses, including tuition, fees, books, supplies, room, and board. In addition, Scholars are invited to participate in a special awards program and receive ongoing leadership-development support.

To be eligible for this award, applicants must:

- demonstrate at school, at the workplace, and within the community the attributes of leadership, drive, integrity, and citizenship;
- demonstrate strong academic performance (minimum 3.0 grade point average/4.0 scale or equivalent);
- be citizens of the United States of America;
- be current high school seniors attending high school in the United States (students living on U.S. Armed Forces base and homeschooled students are also eligible)
- And plan to enroll in a full-time undergraduate course of study toward a bachelor's degree at an accredited four- year college or university in the United States for the entire upcoming academic year.

Complete the application online: <https://apply.scholarsapply.org/ge-reagan/>

Application Deadline: Jan. 3, 2020

Monk's Home Improvements Service Scholarship

Monk's Home Improvements is looking for local students who are working to improve their communities through volunteer work and service activities.

Five (5) one-time scholarships in the amount of \$2,000 will be awarded to five applicants who meet all of the requirements. Winners will be selected based on the content and quality of their essay response.

**For consideration, the application must be completed and submitted online
by March 31, 2020.**

MonksHomeImprovements.com



SAT Testing Dates

SAT EXAMINATION TEST DATES 2019-2020

Test Date	Registration Deadline	Late Registration Deadline
8/24/19	7/26/19	8/13/19
10/5/19	9/6/19	9/24/19
* 11/2/19	10/3/19	10/22/19
12/7/19	11/8/19	11/26/19
* 3/14/20	2/14/20	3/3/20
5/2/20	4/3/20	4/21/20
* 6/6/20	5/8/20	5/27/20

*** TESTING DATES IN RED ARE HELD @ WOHS**



Testing Dates

PSAT/National Merit Scholarship Qualifying Test

October 16 ,2019 (Wednesday)
All 10th & 11th grade students

NJSLA TEST DATES 2019-2020

Grade 9,10,11 ELA
April 21-22 ,2020

Grade 9,10,11 Math
Alg I, Geometry, Alg II
May 19-20, 2020

NJSLA Science

Grade 11
May 19-20, 2020

Advanced Placement Program Examinations

May 4-15, 2020

2019-2020 Counseling Department Programs

<p>January 7, 2020 Time: 6:30 pm - 8:30 pm <u>(snow date 1/14/2020)</u></p> <p>West Orange High School Auditorium</p>	<p><u>8th Grade Orientation Transition to West Orange High School</u> Provide an overview of courses offered. Describe the course selection process. Review high school graduation requirements.</p> <p><u>Orientation Schedule</u></p> <ul style="list-style-type: none"> • <u>6:00 - 6:45pm - (Tarnoff Gym)</u> Visit with Department Supervisors • <u>7:00 - 8:00pm - WOHS Auditorium</u>
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<p>January 28, 2020 Time: 7:00 pm WOHS – LMC</p>	<p><u>College/Career Night</u> Evening meeting for Junior parents and students to review the college application process and what to expect during Junior Conferences.</p> <p><u>Interpreting PSAT Scores: PSAT Results Workshop for Parents and Students</u></p>
<p>March 25, 2020 Time: 6:30 pm WOHS - LMC</p>	<p><u>Naviance - Grades 6-12</u></p>
<p>April 21, 2020 Time: 6:30 pm - 8:30pm WOHS - Tarnoff Cafeteria</p>	<p><u>College/Career Night</u> Representatives from various colleges/universities will be available to provide information about their school. Parents and students will have an opportunity to obtain information as well as ask questions.</p>

GoodtoKnow

2019-2020 Student Assistance Counseling Programs

November	Parent presentation: Dangers of Substance Abuse "Hidden in Plain Sight"
January	National Drug Facts Week
February	Teen Dating Violence Prevention Activities HIB Presentation Students & Parents 10th Grade Assembly-Character Education
March	Health & Wellness Fair
April	Alcohol Awareness Month
May	12 Grade Assembly After the Fire



College Visits @ WOHS

The calendar is always changing!

Be sure to check Naviance for updates and to sign up for visits you are interested in attending.

Rider University	11/6/19	11:30 am
The University of Scranton	11/6/19	12:30 pm
University of Hartford	11/11/19	9:00 am
University of New Haven	11/11/19	10:00 am
Fashion Inst. Of Design and Merchandising, LA	11/14/19	11:30 am
Bloomfield College	11/15/19	9:30 am
New Jersey Inst. Of Technology	11/18/19	10;30 am
New Jersey City University	11/18/19	12:30 pm
Millersville University of Pa.	11/20/19	11:30 am
Kean University (Instant Decision Day)	11/25/19	10:00 am
Essex County College (Instant Decision Day)	12/5/19	9:00 am
Felician University (Instant Decision Day)	12/10/19	10:00 am
County College of Morris (Instant Decision Day)	12/18/2019	9:00 am

